

# About Dr. Hyndman

## Dr. Bryn Hyndman, MD, ND

*I believe everyone wants to feel well and improve their quality of life. My wellness memberships were created to provide you with a holistic wellness experience that is proactive, personalized and present to your well-being.*



## About Dr. Bryn

I have a lifelong vision to create medical programs that meet the needs of people wanting more:

- Quality time with their doctors
- Focus on wellness, health and prevention
- Modern ways of communicating with their medical clinic and physician
- Solutions focused on finding the underlying cause of symptoms and disease

My vision is to provide exceptional healthcare and improve your wellness. I do this along with my team, who aspires to provide the very best in the modern space of wellness and medicine. We strive to deliver the best service and advanced, precision medicine every day.

Some of Dr. Hyndman's education and training includes:

- Dalhousie University, B.Sc., 2000
- Boucher Institute of Naturopathic Medicine, ND, 2005
- Matthew's University Medical School, MD, 2011
- University of Ottawa (Family Medicine residency), CCFP, 2014
- The Kalish Institute, Functional Medicine, 2014-2015

Dr. Hyndman is board-certified with the Canadian College of Family Physicians (CCFP). She and her husband are parents to lightning-fast twin toddler boys.

To make an appointment with Dr. Hyndman, please call [604-336-9372](tel:604-336-9372).



## **Dr. Niloo Chitsaz, MD**

Dr. Niloo graduated from medical school in Iran in 1995. There she practiced conventional medicine for 2 years. After moving to Canada in 2000, she completed her family practice residency at the University of British Columbia in 2010.

Working as a family doctor in a variety of clinics in Vancouver, she was not satisfied with the conventional medicine approach- looking at the patients' problem as one issue, instead of an overview of the entire body. She has always been trying to find natural ways of approaching her patients pain or illnesses.

Niloo ventured into the field of Prolotherapy after an experience with her own personal injury that happened in 2010. The injury created a range of musculo-skeletal problems which lead her to discover the amazing benefits of Prolotherapy, which helped to relieve her pain and also instilled in her the passion to learn and to treat others using the same methods. Dr. Chitsaz also specialized in a treatment called Perineural Injections which can help with a variety of musculo-skeletal pain.

Niloo's approach is a combination of Functional and

Conventional medicine with a full mind and body healing component, which addresses the underlying cause of the illnesses. Taking an in depth look at her patients, she listens to the patient's history as well as taking into consideration their lifestyle in a complex and detailed manner of understanding the complete and full aspect of her patients' issues.

To make an appointment with Dr. Chitsaz, please call [604-336-9372](tel:604-336-9372).